

St. Josef-Stift Sendenhorst Hospital for Orthopaedic Surgery and Rheumatology – with a unique profile –

St. Josef-Stift Sendenhorst is a nationally acknowledged hospital with a unique profile. Two centres of excellence with a total of seven departments are specialised in the treatment of orthopaedic and rheumatological disorders. Rita Tönjann, CEO of the St. Josef-Stift, has a simple explanation for the hospital's success: "We treat the full range of bone and joint disorders and have specialists who work very closely in interdisciplinary teams at a very high professional level."

In a questionnaire carried out among 157,000 patients by the Technical Health Insurance Fund in 2008 with reference to "satisfaction with 'their' hospital", the St. Josef-Stift Sendenhorst achieved third place among all hospitals in Germany and first place in the State of North-Rhine Westphalia.

Centre for Orthopaedic Surgery

The St. Josef-Stift **Centre for Orthopaedic Surgery** deals with most orthopaedic disorders following the latest international standard protocols and state-of-the-art procedures as well as introducing new and innovative surgical techniques. For example, the orthopaedic surgeons implant total hip prostheses through a small incision without affecting the surrounding

muscles. A small skin incision without any damage to the muscle ensures that the patient can recover quickly after surgery and soon return to daily activities. With approximately 1,800 hip, knee, shoulder and ankle surgeries per year, the St. Josef-Stift is one of the hospitals with the highest expertise for joint surgery in Germany.



Dr Frank Horst, Department of Orthopaedic Surgery and Traumatology

Maintaining mobility and gaining quality of life is the philosophy of the **Centre for Spine Surgery**. Increasing demand and new treatment methods in spine surgery were responsible for the development of the Department of Spine Surgery into a Centre for Spine Surgery. More than 1,700 patients are treated as inpatients with a total of approximately 700 spine surgeries.



Dr Christian Brinkmann, Centre for Spine Surgery



Ariane Friedrich (left) winner of the bronze medal in high-jumping at the world championships 2009 in Berlin, who is treated continuously in our hospital

Arthroscopic knee and shoulder surgery, as well as foot and ankle surgery and sports medicine are the foci of the **Department of Outpatient Surgery and Sports Traumatology**. Top athletes as well as recreational sports enthusiasts appreciate the physicians, sports therapists and physio therapists at the St. Josef-Stift Sendenhorst – who also oversee the medical treatment for the DLV national athletics team for long jump, triple jump and high jump as well as the second league football team of RW Ahlen.

North-Western German Centre for Rheumatology

The hospital's second focus is rheumatology. In the North-Western German Center for Rheumatology three specialised departments treat approximately 5,500 patients of all ages with rheumatoid disorders each year. The **Department of Paediatric and Adolescent Rheumatology** treats



Dr Gerd Ganser, Department of Paediatric and Adolescent Rheumatology

the largest number of young rheumatoid patients in Germany and is one of a small number of excellence centres in this field. A team of specially trained internists, nurses, therapists and teachers take care of young patients using state-of-the-art and innovative treatment concepts.

The **Department of Rheumatology** at the St. Josef-Stift is well known for conservative medical treatment of adult rheumatoid patients. Alongside a variety of other diagnostic and therapeutic services, it is of particular interest that the St. Josef-Stift was the first site in Europe to use a cold chamber with temperatures down to minus 120°C for pain-relief and to improve the function of joints.



Prof Dr Michael Hammer, Department of Rheumatology



Dr Ludwig Bause, Department of Rheumatoid Arthritis Surgery

If surgical treatment becomes the final option, rheumatoid patients will find highly specialized orthopaedic surgeons in the **Department of Rheumatoid Arthritis Surgery**. The surgeons offer their knowledge and experience to rheumatoid patients for joint-preserving and joint-replacement procedures.

All departments of the North-Western German Centre for Rheumatology work together closely in interdisciplinary teams and, especially chronically ill patients, will particularly profit from this cooperation.



Dr Matthias Boschin, Department of Anaesthesiology and Intensive Care Medicine



Contact

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- Department of Orthopaedic Surgery and Traumatology
- Centre for Spine Surgery
- Department of Outpatient Surgery and Sports Traumatology

Department of Anaesthesiology and Intensive Care Medicine

North-Western German Centre for Rheumatology

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- Department of Rheumatoid Arthritis Surgery
- Department of Paediatric and Adolescent Rheumatology

Münsterland Endoprotheses Centre

We are pleased to answer your questions about treatment in the St. Josef-Stift!

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